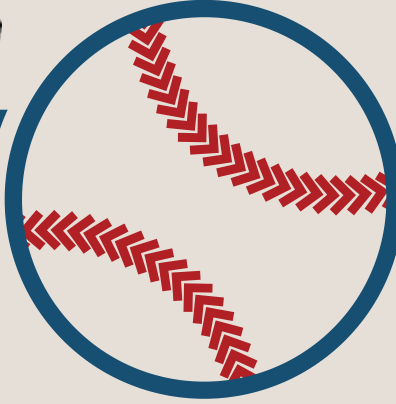


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MLB Stat Sheet

**STARTING
PITCHER
REPORT**

**PROP
BETS**

FRIDAY, APRIL 28 2023

DAILY MLB BETTING GUIDE

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GoldSheet MLB - What to Expect

The goal is to have the sheet published around noon ET each day, assuming that starting pitchers are announced and lines are widely available. All stats below are from this current 2023 season unless otherwise noted.

This sheet will feature a recommended "traditional" play (moneyline, total, etc.) and a prop bet each day, plus about four featured starting pitcher breakdowns with matchup notes and splits. If you are interested in receiving more plays, our complete daily package will be available at WagerTalk and Sportsmemo every day. Using WagerTalk Media's 1-5u scale, our record so far this season is: 42-28 (60%) for +26.4u profit.

WagerTalk: wt.buzz/tgs

Sportsmemo Marketplace: sm.buzz/gs

Play of the Day: #923 / 924 Astros vs Phillies Over 7.5 Runs (EV)

The Astros just wrapped a series in Tampa Bay where the Trop is traditionally one of the most pitcher-friendly parks in MLB, not to mention the Rays have one heck of a pitching staff. So Houston will enjoy being at home and not facing Shane McClellan and Co, this weekend. In three road starts this season, Aaron Nola has a 5.74 ERA with a 1.40 WHIP. Phillies' relievers Craig Kimbrel and Seranthony Dominguez have each pitched in back-to-back games entering Friday, so Philadelphia may be missing some key relievers.

Prop of the Day: Dustin May (LAD) Under 5.5 Strikeouts vs St Louis

This is May's sixth start of the season and he's only gone over this number once in the previous five. May enters this game in the 17th-percentile among pitchers in strikeout rate and sixth-percentile in whiff rate. He's not getting hitters to chase pitches out of the zone, and St Louis has one of the most disciplined lineups in baseball. The Cardinals' lineup is averaging 4.72 strikeouts against right-hand starting pitchers. Of the last ten right-hand starting pitchers to face the Cardinals, only three have recorded more than five strikeouts. The Cardinals have a 21.2-percent strikeout rate against right-hand pitching this season, which is one of the best marks in the league.

Other props to consider tonight: *Shane Bieber (CLE) Under 5.5 strikeouts (-144):* Boston has faced 16 right-hand starting pitchers this season. Twelve of those 16 have failed to reach 6+ strikeouts. Bieber has gone under this in four of his five starts. *Marcus Stroman (CHC) Over 4.5 strikeouts (-140):* Miami has faced 21 right-hand starting pitchers this season. Opposing starters have gone over this number in 16 of those 21 games. Stroman went over this number in every start this season.

#901 Chicago Cubs (Stroman) at #902 Miami Marlins (Luzardo)

| Pitcher | ERA | WHIP | ERA Away | WHIP Away | FIP | xERA |
|----------------|------------|-------------|-----------------|------------------|------------|-------------|
| Stroman - R | 2.17 | 1.00 | 0.00 (1 gm) | 0.67 (1 gm) | 3.85 | 3.46 |
| Pitcher | ERA | WHIP | ERA Home | WHIP Home | FIP | xERA |
| Luzardo - L | 3.62 | 1.39 | 2.12 (3 gms) | 1.18 (3 gms) | 3.52 | 3.44 |

Notables against Stroman: The Marlins' current roster is batting .242 in 94 plate appearances against Stroman with a 22.3-percent strikeout rate and a .248 weighted on-base average.

- Jean Segura is 6-for-24 with six strikeouts.
- Avisail Garcia is 5-for-10 with a double.
- Jazz Chisholm is 2-for-9 with three strikeouts.

In Stroman's last start against the Dodgers, he allowed five runs on six hits with a walk and five strikeouts. In five starts, Stroman has a .214 BABIP, which means he's been generating a lot of weak contact, but he's also been a little lucky on balls hit in play. Dating back to the beginning of last season, the Marlins are hitting .235 against right-hand pitching (No. 22 in MLB) with a .299 on-base percentage (No. 27) and a 92 wRC+ (No. 22).

Bullpen Bullets: The Cubs' bullpen has gotten a decent amount of work this week, throwing 63 pitches on Wednesday and 68 pitches on Thursday. Brad Boxberger has pitched on back-to-back days entering Friday, but he's only thrown 18 total pitches in 2.0 innings.

Notables against Luzardo: The Cubs' current roster is batting .212 in 60 plate appearances against Luzardo with a 28.3-percent strikeout rate and a .298 weighted on-base average.

- Dansby Swanson is 3-for-7 with a double and two strikeouts.
- Patrick Wisdom is 1-for-8 with a home run and five strikeouts.

In Luzardo's last start against the Guardians, he allowed four runs on eight hits with a walk and six strikeouts. Dating back to the beginning of last season, the Cubs are hitting .241 against left-hand pitching (No. 18 in MLB) with a .311 on-base percentage (No. 20) and a 102 wRC+ (No. 14).

Bullpen Bullets: Braxton Garrett only went 3.0 innings yesterday, so the Marlins used five relievers to close the game. Dylan Floro has pitched on back-to-back days entering Friday.

#905 Atlanta Braves (Fried) at #906 New York Mets (Peterson)

| Pitcher | ERA | WHIP | ERA Away | WHIP Away | FIP | xERA |
|--------------|------|------|--------------|--------------|------|------|
| Fried - L | 0.60 | 0.93 | 1.08 (2 gms) | 0.96 (2 gms) | 2.47 | 1.80 |
| Pitcher | ERA | WHIP | ERA Home | WHIP Home | FIP | xERA |
| Peterson - L | 7.36 | 1.64 | 3.18 (1 gm) | 1.41 (1 gm) | 5.60 | 5.49 |

Notables against Fried: The Mets' current roster is batting .245 in 212 plate appearances against Fried with a 22.6-percent strikeout rate and a .306 weighted on-base average.

- Pete Alonso is 9-for-32 with two home runs and 11 strikeouts.
- Jeff McNeil is 10-for-27 with three doubles and five strikeouts.
- Francisco Lindor is 3-for-23 with a home run and five strikeouts.

In Fried's last start against the Astros, he allowed no runs on three hits with three walks and five strikeouts. After a brief stay on the IL to open the season, Fried has held the Padres and Astros scoreless in his last two starts. Dating back to the beginning of last season, the Mets are hitting .244 against left-hand pitching (No. 16 in MLB) with a .322 on-base percentage (No. 11) and a 108 wRC+ (No. 12).

Bullpen Bullets: Kyle Wright only went 3.0 innings yesterday, so the Braves used six relievers to finish yesterday's game. A.J. Minter has thrown on back-to-back days entering Friday after getting tagged for five runs in yesterday's loss.

Notables against Peterson: The Braves' current roster is batting .262 in 70 plate appearances against Peterson with a 22.9-percent strikeout rate and a .367 weighted on-base average.

- Ronald Acuna is 2-for-12 with a home run and four strikeouts.
- Austin Riley is 8-for-16 with three doubles and three strikeouts.
- Matt Olson is 2-for-8 with two home runs and three strikeouts.

In Peterson's last start against the Giants, he allowed seven runs on seven hits with a walk and eight strikeouts. Peterson's FIP of 5.60 FIP and BABIP of .366 suggest he's been a little unlucky on balls hit in play. Dating back to the beginning of last season, the Braves are hitting .269 against left-hand pitching (No. 3 in MLB) with a .342 on-base percentage (No. 2) and a 120 wRC+ (No. 3).

Bullpen Bullets: The Mets' bullpen gave up five runs after Joey Lucchesi left yesterday's game. Tommy Hunter needed 31 pitches to get through his appearance. David Robertson has pitched in back-to-back games entering Friday.

#915 Seattle Mariners (Castillo) at #916 Toronto Blue Jays (Manoah)

| Pitcher | ERA | WHIP | ERA Away | WHIP Away | FIP | xERA |
|----------------|------------|-------------|-----------------|------------------|------------|-------------|
| Castillo - R | 1.52 | 0.81 | 3.00 (1 gm) | 1.33 (1 gm) | 1.65 | 2.73 |
| Pitcher | ERA | WHIP | ERA Home | WHIP Home | FIP | xERA |
| Manoah - R | 5.13 | 1.56 | 10.00 (2 gms) | 2.44 (2 gms) | 5.77 | 6.99 |

Notables against Castillo: The Blue Jays' current roster is batting .210 in 65 plate appearances against Castillo with a 21.5-percent strikeout rate and a .226 weighted on-base average.

- Whit Merrifield is 3-for-11.
- Vladimir Guerrero is 0-for-6 with a strikeout.
- Matt Chapman is 2-for-6 with a double and two strikeouts.

In Castillo's last start against the Cardinals, he allowed three runs on seven hits with two walks and eight strikeouts. Seattle has won four of Castillo's five starts this season. Dating back to the beginning of last season, the Blue Jays are hitting .265 against right-hand pitching (No. 1 in MLB) with a .330 on-base percentage (No. 3) and a 118 wRC+ (No. 2).

Bullpen Bullets: George Kirby threw a complete game yesterday, so the Marlins' bullpen should be rested and ready for this one.

Notables against Manoah: The Mariners' current roster is batting .192 in 32 plate appearances against Manoah with a very low 9.4-percent strikeout rate in a limited sample size.

- Cal Raleigh is 1-for-6 with a home run.
- Julio Rodriguez is 0-for-4 with a strikeout.
- J.P. Crawford is 1-for-3.

In Manoah's last start against the Yankees, he allowed no runs on two hits with a walk and five strikeouts. Dating back to the beginning of last season, the Mariners are hitting .229 against right-hand pitching (No. 27 in MLB) with a .310 on-base percentage (No. 18) and a 105 wRC+ (No. 11).

Bullpen Bullets: The Blue Jays had off on Thursday and beat the White Sox 8-0 on Wednesday, so their bullpen is in great shape entering this weekend.

#923 Philadelphia Phillies (Nola) at #924 Houston Astros (Valdez)

| Pitcher | ERA | WHIP | ERA Away | WHIP Away | FIP | xERA |
|------------|------|------|--------------|--------------|------|------|
| Nola - R | 5.40 | 1.34 | 5.74 (3 gms) | 1.40 (3 gms) | 4.11 | 4.25 |
| Pitcher | ERA | WHIP | ERA Home | WHIP Home | FIP | xERA |
| Valdez - L | 2.25 | 1.16 | 1.50 (3 gms) | 1.17 (3 gms) | 3.37 | 4.19 |

Notables against Nola: The Astros' current roster is batting .231 in 41 plate appearances against Nola with a .304 weighted on-base average and a 31.7-percent strikeout rate.

- Kyle Tucker is 3-for-6 with a double and two home runs.
- Yordan Alvarez is 2-for-6 with two strikeouts.
- Alex Bregman is 0-for-5.

In Nola's last start against the Rockies, he allowed three runs on four hits with three walks and three strikeouts. Dating back to the beginning of last season, the Astros are hitting .244 against right-hand pitching (No. 14 in MLB) with a .317 on-base percentage (No. 11) and a 107 wRC+ (No. 9).

Bullpen Bullets: Craig Kimbrel and Seranthony Dominguez have each pitched in back-to-back games entering Friday, but neither ran into any trouble during their respective appearances.

Notables against Valdez: The Phillies' current roster is batting .161 in 70 plate appearances against Valdez with a 35.7-percent strikeout rate and a .211 weighted on-base average.

- Kyle Schwarber is 2-for-11 with a home run and two strikeouts.
- Brandon Marsh is 2-for-11 with six strikeouts.
- J.T. Realmuto is 1-for-7 with four strikeouts.

In his last start against the Braves, Valdez allowed three runs on eight hits with nine strikeouts. His FIP of 3.37 and his expected ERA north of 4.00 suggest that he's been a little fortunate this season. Dating back to the beginning of last season, the Phillies are hitting .266 against left-hand pitching (No. 4 in MLB) with a .334 on-base percentage (No. 4) and a 114 wRC+ (No. 7).

Bullpen Bullets: The Astros had off on Thursday and shut out the Rays 1-0 on Wednesday, so their bullpen is in great shape entering this weekend.

ISO (Isolated Power) - ISO is a stat that defines the average number of extra bases a player gets during an at-bat. This is a great stat for prop betting. If a player has been cold at the plate, but they have a high ISO, you can find value in going over their total bases prop because when they do get a hit, there's a higher likelihood of it going for extra bases.

BABIP (Batting Average on Balls in Play) - This metric defines the rate at which a batter gets a hit when they put the ball into the field of play. This is useful for prop betting, as you can get a better gauge on how often a hitter is getting on base when he is putting the bat on the ball.

wOBA (Weighted On Base Average) - Combines all the different aspects of hitting into one metric, weighing each of them in proportion to their actual run value. Traditional stats like batting average and on-base percentage give a bunt single the same weight as a triple. wOBA gives more credit to extra-base hits because of the increased likelihood that they will produce runs.

wRC+ (Weighted Runs Created Plus) - wRC+ is the most comprehensive way to measure hitting. It takes wOBA and adjusts it for each ballpark, so it paints a clear picture of how a hitter performs, regardless of the environment that they are in.

WAR (Wins Above Replacement) - Estimates the number of wins a player is worth to his team. This metric defines who truly is the most valuable player(s) on each team. It is a comparison between that player's performance side-by-side with a league-average player at his position.

Hard-Hit Rate - A couple analytics sites have slightly different definitions of hard-hit rate. Baseball Savant defines a hard-hit ball as one with an exit velocity over 95 miles per hour. Hard-hit rate is used to determine how lucky or unlucky a hitter has been at the plate. Hitter A hits a ball with an exit velocity of 103 miles per hour that finds the gap and he gets a double. Hitter B hits a ball with an exit velocity of 103 miles per hour, but the center fielder makes an amazing diving catch. Hitter A is going to get credit on his batting average and on-base percentage, even though they hit the exact same ball. Hard-hit rate helps give context toward Hitter B's unlucky out.

xwOBA (Expected Weighted On-Base Average) - The expected on-base average of a player, which is weighted for certain factors like exit velocity, batted balls, and more. This is a great metric to use to gauge a hitter's performance. The harder you're hitting the ball, the more likely you're going to produce extra base hits.

xBA (Expected Batting Average) - Measures the likelihood that a batted ball will become a hit. If a player is hitting .240 but his expected batting average is .278, he's generating some unlucky outs and should find success shortly. If a player is hitting .282 but his expected batting average is .249, he's generating some soft base hits and is probably due for some regression at the plate.

FIP (Fielding Independent Pitching) -FIP is one of the best metrics for analyzing a pitcher. The statistic estimates a pitcher's run prevention ability, independent of the performance of their defense. FIP is based on outcomes such as strikeouts, walks, hit-by-pitches and home runs allowed. FIP assumes a pitcher's ERA by assuming average outcomes on balls in play. Keep an eye out for pitchers that have a high ERA but a low FIP. They are probably pitching better than the box score shows.

xFIP (Expected Fielding Independent Pitching) -xFIP is similar to FIP, a statistic that estimates a pitcher's run prevention independent of the performance of their defense. xFIP is based on outcomes that do not involve any defense - strikeouts, walks, hit-by-pitches and fly balls allowed. xFIP uses these stats to approximate an ERA assuming average outcomes and a league average home run per fly ball ratio.

BABIP (Batting Average on Balls in Play) -Measures how often non-home run batted balls fall for hits.

HR/FB (Home Run to Fly Ball rate) - The ratio of how many home runs are hit against a pitcher for every fly ball they allow. This shows which pitchers allow a lot of fly balls and are more susceptible to allowing home runs.

LOB% (Left on Base Percentage) - Measures the percentage of base runners that a pitcher strands on base. This is a great stat to see how pitchers perform when they are in a jam. It is calculated using a pitcher's actual hits, walks and runs allowed.

K/9 (Strikeouts Per 9 innings) - How many strikeouts a pitcher averages over nine innings. Since starting pitchers often go 6+ innings and relievers only go one inning, this is a useful stat to help view all pitchers on the same playing field. This is a great stat to use for strikeout props.

BB/9 (Walks Per 9 Innings) - How many walks a pitcher averages over nine innings. Since starting pitchers often go 6+ innings and relievers only go one inning, this is a useful stat to help view all pitchers on the same playing field.